

## ***ShivWorks In-Extremis Knife Course (IEK)***

The ShivWorks In-Extremis Knife course is a 4 hour block of instruction which focuses on a non-stylized method that will work with any edged weapon or any improvised weapon as well. The course places the knife or improvised implement within the usage context of **realistic** criminal assault and provides a simple decision making process for access and application. A heavy emphasis is placed upon disparate confrontations where the defender lacks proportional armament and equal initiative. Pre-fight and In-fight tactics to dissuade, break and recover from violent, criminal assault are practically bridged into tool access and the specifics of edged weapon application.

### *Topics and curriculum*

- Parameters of criminal assault
- Awareness and distraction
- Challenging the potential attacker
- Preemptive blade access
- Deceptive kinesics
- Default position
- Basic empty hand tools and the F.U.T.
- Theory of in-fight weapon access
- Convulsive draw-stroke and edge orientation
- Angles and application
- Clearing the impeded line
- The pakal jab
- Applying the skill-set to improvised weapons